

RECOVER YOUR MIND. BODY. SPIRIT.



NOW
BOOKING
JULY 8TH-29TH
CRIEFF HILLS, ON
CANADA

Yoga for Health Institute created Beyond Cancer
— a residential yoga intensive retreat designed
specifically to follow cancer treatment.

RECOVER Beyond Cancer Program



Our team provides patients with insightful knowledge, along with the tools and techniques needed to recover from the emotional and physical side effects of cancer treatment. Throughout the 21-day intensive retreat, we work to educate and empower our clients to connect and experience their own healing power so that they can regain a sense of control and balance, recovering the mind, body, and spirit.

Through the residential retreats, Yoga for Health Institute empowers cancer patients to quickly recover from side effects of treatment and to regain zest for new beginnings in life.



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Yoga for
Health Institute